



yoga for good

February 18

Come practice yoga on Saturday, 18 February in **Arlington**. Attend this donations-only, all-levels yoga class to help raise money for **Family PASS**.

Family PASS assists low-income Fairfax County families in crisis to prevent homelessness and establish them as self supporting within the community. Since it was founded in 2006, Family PASS has helped more than 75 children and their families create a better future with housing assistance, education, and new job skills. Learn more at familypassfairfax.org.

Saturday February 18
4:30 to 5:30 pm, Arlington Studio
Donations only. All contributions go directly to
the charity of the month

a chance to practice for yourself and others

find us online at www.sunandmoonstudio.com
or give us a call at 703.525.YOGA
3811 Lee Hwy. Arlington, VA 22207 and 9998 Main St. Fairfax, VA 22031

breathe. stretch. relax. repeat.