



arlington snow make-up schedule

These classes are considered make-ups, and therefore free to any registered student from the Winter 2010 term. Drop-ins are welcome at the regular price. All classes are all levels, unless otherwise noted.

No registration required – just show up and enjoy!

Mon 3/29	10:30a - 12:00p	Jackie Shaffer
	5:00p - 6:30p	Karin Caffi
	7:00p - 8:30p	Kristin Heinz
Tues 3/30	10:30a - 12:00p	Judith Lyon
	5:00p - 6:30p	Jackie Shaffer
	7:00p - 8:30p	Jackie Shaffer
Wed 3/31	9:30a - 11:00a	Diana Erkiletian (Kundalini)
	10:30a - 12:00p	Jackie Shaffer
	11:30a - 12:45p	Beth Fedman (Moms&Babies)
	5:00p - 6:30p	Phyllis Haney
	7:00p - 8:30p	Heidi Panetta
Thurs 4/1	10:30a - 12:00p	Faith Halter
	7:45p - 9:15p	Beth Fedman (Integral)
Fri 4/2	10:30a - 12:00p	Jackie Shaffer
Sat 4/3	9:00a - 10:30a	Nirinjan Devi (Pilates)
	10:00a - 11:30a	Roger Panetta

**All classes on this schedule to be held in Arlington.
For the Fairfax snow make-up schedule, please consult our
website at www.sunandmoonstudio.com**

**3811 Lee Hwy. Arlington, VA 22207 and 9998 Main St. Fairfax, VA 22031
703.525.YOGA**

breathe. stretch. relax. repeat.